

Mapilife, the guide with the best experiences  
Gaudeix de les millors experiències de la ciutat

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- EL TRENET TOURIST TRAIN**
- Plaça Europa
  - Els Pílons
  - Replanells
  - Cap Salou
  - Far de Salou
  - Cala Crancs
  - Ginesta
  - Masia Catalana
  - Parc de Salou
  - Port Aventura
  - Torre Vella
  - Port
  - Jaume I

Useful Salou information  
**visitsalou.eu**  
History, weather, local holidays, transport and useful numbers

The guide with the best experiences of the Costa Daurada,  
all the information, news, pictures, events and offers at:  
**mapilife.com**

Book the best experiences at  
**365tickets.es**  
and get a free photobook  
and discounts with MAPILIFE code

**Ajuda als gats sense llar**  
Help homeless cats  
Ayuda a los gatos sin hogar  
Aider les chats sans-abri

B. POPULAR ES95 0075 0856 67 070-05547-16  
SOS Gat Salou / 666 22 86 89

**KEY / LLEGGENDA**

POINT OF INTEREST Punt d'interès	★	INFORMATION Informació	i	TAXI STOP Parada de Taxi	TAXIS
ACTIVITY Activitat	✂	HOTEL Hotel	🏠	TRAIN STATION Estació de tren	🚆
FREE WIFI Zones Wifi	📶	LIFEGUARDS Socorristes	🚑	BUS STATION Estació de buses	🚌
SUPERMARKET Supermercat	🛒	PHARMACY Farmàcia	+	CAR PARK Aparcament	P
PHOTOS & VIEWS Fotos i vistes	📷	POLICE Polícia	👮	PETROL STATION Benzinera	🛢

## BEST SALOU EXPERIENCES

- TOP 10 RESTAURANTS IN SALOU**  
ELS MILLORS RESTAURANTS - LOS MEJORES RESTAURANTES - LES MEILLEURS RESTAURANTS - ЛУЧШИЕ РЕСТОРАНЫ
- LA GOLETA** SEAFOOD Quality seafood by Capellans Beach  
977 383 566 D
  - LA MORERA** FINE DINING Catalan and creative cuisine  
977 385 763 B
  - LE SOMMELIER** GASTRO WINE BAR Fine wines, spirits and food  
977 384 204 C
  - ARENA** HEALTHY Fresh and nutritious produce  
977 384 000 B
  - LA BARCA** PAELLA Seafood tapas and rice dishes  
977 385 175 C
  - PORTOFINO** PASTA & PIZZA Best pizza in Salou since 1986  
977 380 710 B
  - BOCA BOCA** GOURMET BURGERS Quality burgers and oven pizzas  
977 353 400 C
  - EL BANDARRA** BASQUE CUISINE Best midday menu in town  
977 383 413 B
  - LA TAVERNA** MEDITERRANEAN Mediterranean and local cuisine  
977 381 885 A
  - LA PIAZZA** ITALIAN CLASSICS Romantic getaway in Cap Salou  
977 370 078 C

- RESTAURANTS OF THE WORLD**  
RESTAURANTS DEL MÓN - WORLD - MONDE - МИР
- |                                 |                                  |             |     |   |
|---------------------------------|----------------------------------|-------------|-----|---|
| <b>W</b> COOK TRAVEL WORLD FOOD | Modern and international cuisine | 977 350 707 | NEW | C |
| <b>T</b> THAI SALOU EXOTIC      | Authentic curry, wok and noodles | 977 350 406 |     | C |
| <b>J</b> NAGOYA JAPANESE        | 877 017 188                      | 15-25       | B   |   |
| <b>M</b> MÈXICO MEXICAN         | 977 351 910                      | 15-20       | A   |   |
| <b>C</b> FUN LIN CHINESE        | 977 124 661                      | 10-15       | B   |   |
| <b>I</b> TASTE OF INDIA         | 977 352 105                      | 10-20       | A   |   |

**ICE-CREAM / GELATS / HELADOS**  
**La Ibense** laibense.com BC  
The finest ice-cream experience in Salou  
Gelats i torrons fets a Salou des de l'any 1850

**SALOU TAPAS TOUR**  
GASTRONOMIC EXPERIENCE  
Enjoy a tasty food tour around town with family and friends  
644 411 037 **tapingtour.com**

- DRINKS, FOOD & TERRACES**  
LES MILLORS TERRASSES - TERRAZAS - TERRACES - ТЕРРАЦИ
- BAMBOO** LOUNGE & MUSIC Lounge and fusion cuisine  
977 383 566 C
  - TERRAMAR** SEAFOOD TAPAS Quality seafood tapas  
977 385 763 B
  - MAGNOLIA** POOLSIDE BAR Gourmet hamburgers  
977 384 204 B
  - MUR MUR** INTERNATIONAL Sushi, tapas & cocktails  
977 383 413 C
  - LA TERRASSA** DEL NAUTIC Elegant dinner by the harbour  
977 381 885 B
  - PETIT MUR** SANDWICHES Best sandwiches in town  
977 384 000 C
  - L'ESTACIÓ** STEAK HOUSE Argentinian BBQ terrace  
977 350 823 B
  - CAFÉ CENTRAL** BAR & GELATERIA Best coffee in town  
977 380 000 A
- GUINNESS EXPERIENCE**
- DANNY BOY** ENGLISH BREAKFAST
  - FLOWERS** SCOTTISH PUB
  - TEMPLE** STEAK HOUSE
  - PATRICKS** BEER & LIVE MUSIC
  - KOKO DISCO** NIGHTLIFE & PARTY
  - EL EMBRUJO** SPANISH TAPAS  
Mediterranean restaurant  
977 381 885

- DISCOVER SALOU**  
DESCOBRIS SALOU - DESCUBRE SALOU - DÉCOUVREZ SALOU - ОТКРОЙТЕ ДЛЯ СЕБЯ САЛОУ
- PASSEIG JAUME I** Walk around the Llevant Beach coast  
977 831 246  
visitsalou.eu
  - EL CAMÍ DE RONDA** Family friendly seafront excursion from Els Pílons to Cap Salou  
902 202 220  
45 euros
  - MASIA CATALANA** Hippy market located in an old Catalan farmhouse  
Every day 19h - 24h
  - EL TRENET TOURIST TRAIN** Discover Salou with the local sightseeing train  
Every 30min 4 euros
  - PORT AVENTURA** One of Europe's most popular theme parks  
902 202 220  
45 euros
- VIEWES PANORÀMIQUES** MONUMENT AL PESCADOR ELS PÍLONS C. COLOM ELS BUNQUERS A LA PUNTA DE PO-ROIG

- WATER ACTIVITIES**  
ACTIVITATS AQUÀTIQUES - ACTIVIDADES AQUÁTICAS - ACTIVITÉS NAUTIQUES - ВОДНЫЕ ВИДЫ СПОРТА
- REPRISSE MOTORMAR** Parasailing + Jet ski + Banana boat + Kayak  
629 382 055 AB
  - AQUAMAR PLATJA LLEVANT** Flyboard + Jetpack + Overboard  
722 140 556 B
  - SEACARD ELS PÍLONS** Padel surf + Jet ski + Banana boat + Kayak  
649 850 380 C
  - CATAMARAN SAILING ROUTES** Enjoy the best catamaran experience  
695 525 664 B
- BEST BEACHES**  
PLATGES - PLAYAS - LES PLAGES - ПЛЯЖИ
- PLATJA LLARGA** Natural & relaxing
  - PLATJA LLEVANT** Water activities, sports & playgrounds
  - PLATJA CAPELLANS** Camí de Ronda trail
  - CALA FONT** Rocky beach in Cap Salou

- BEACH CLUBS**  
GUINQUETES - XIRINGUITOS - BARS DE PLAGE - БАРЬИ
- LASAL** Beachfront restaurant  
977 381 724 C
  - MORABITO** Chillout xiringuitos  
681 192 885 A
  - GARBI** Shisha & sunset  
651 029 431 C
  - BARCAROLA** Cocktails & party  
661 052 814 C
  - LUMINE** Luxury beach club  
977 399 059 D
  - ELEKTRA** Xiringuito restaurant  
656 498 111 A
- NIGHTLIFE**  
NIT - FIESTA - POUR NOCTAMBULE - ВЕЧЕРНИКА
- FLASH BACK** Discotheque  
24:00 - 6:00h C  
flashbacksalou.com
  - SALA GARAGE** Alternative music  
22:30 - 6:00h C  
facebook Sala Garage
  - CITY HALL** Dance club  
22:30 - 7:00h C  
630 641 281
  - NIKITA** Party music  
22:00 - 5:00h D  
facebook Nikita Salou
  - CHAPLINS** Cabaret & cocktails  
19:00 - 2:00h C  
977 380 940
  - TARAMBANA** Chillout & gourmet tapas  
11:00 - 2:00h B  
977 384 523
- SALOU SHOWS**  
ESPECTACLES - ESPECTÁCULOS - СПЕКТАКЛИ - ШОУ
- SALOU BIG SHOW** HOUSE OF ILLUSION The Lido B  
977 380 940
  - EL EMBRUJO DE SALOU** Flamenco and rumba show  
Weekends at 21h / Thursday to Sunday  
De dijous a diumenge a les 9 del vespre  
608 322 486 D

- RENTING**  
LLOGUER - ALQUILER - LOYER - АРЕНДА
- Cars / Cotxes** EXCELLENCE 9:00 - 21:00h C  
977 353 325
  - Bikes / Bicicletes** BIKESALOU / Repairs 603 306 953 B
  - Quads / Motos** DRAC BEACH 977 791 144 C
  - LIMOUSINES / Lloguer de limusines** MAR DE PLATA Ferrari and luxury saloons for special events. 620 620 041 alquilatlimo.com
  - TAXIS** TAXI SALOU / 977 38 50 50 TAXI SERVEI LOGÍSTICA Emergency / 651 49 66 96 Servei les 24h, tot l'any / 24/7 taxis de fins a 7 places / VISA
- USEFUL SERVICES**  
SERVEIS ÚTILS - SERVICIOS - SERVICES - ПОКУПКИ
- Hair Salon / Peluqueria** GUILLEN 977 380 524 B
  - Doctor 24/7 / Centre mèdic** GLOBAL MEDICAL CARE 977 351 212 B
  - Printing shop / Copisteria** SALAURIS 977 383 158 B
  - Vet / Veterinari** GODALL 606 230 430 B
  - Real estate / Immobiliària** esalou.com 977 380 944 @
  - Supermarket / Supermercat** MICHELANGELO Centres arreu de la Costa Daurada: Salou, Cambrils, La Pineda i Miami Platja. Every day / ©10:00 - 23:00

- SHOPPING SALOU**  
BOTIGUES DE PROXIMITAT I QUALITAT
- |                          |             |                                  |       |
|--------------------------|-------------|----------------------------------|-------|
| <b>A</b> TERRA CUITA     | 622 189 884 | Gifts & ceramic figures / Regals | C     |
| <b>B</b> BAQS            | 977 351 626 | Suitcases / Maletes              | B     |
| <b>C</b> CLOE            | 977 353 168 | Clothing & accessories           | B     |
| <b>D</b> DECATHLON       | 642 447 274 | Sports & swimwear                | NEW B |
| <b>F</b> FUTBOL MANIA    | 615 501 158 | Official T-shirts / Samarretes   | C     |
| <b>G</b> SALOU GOURMET   | 977 351 309 | Quality Catalan food products    | C     |
| <b>I</b> IMPERIUM        | 682 882 510 | Leather bags / Pell i artesanía  | B     |
| <b>J</b> JOIERIA M. ROSA | 977 350 003 | Jewellery & watches              |       |
| <b>L</b> LA VINOTECA     | 977 351 788 | The best wine selection          | B     |
| <b>N</b> NACEL           | 977 381 583 | Electronics / Electrònica        |       |
| <b>O</b> NORA OPTICS     | 977 277 287 | Optician & sunglasses / Òptica   |       |
| <b>T</b> TORRONS VICENS  | 977 385 300 | Chocolate & nougat               |       |
| <b>X</b> SURF SHOP XP    | 977 384 982 | Surfwear & accessories           |       |
| <b>Y</b> CANDY           | 977 381 706 | Shoes / Sabates                  | B     |
- FERNAN'S** Salou Boutique 977 380 147 BCD  
Clothing, Perfumery, Photography

**La Ibense**  
GELATS I TORRONS  
FETS A SALOU DES DE 1850

**MICHELANGELO** SUPERMERCATS