

WELCOME TO SALOU
CAPITAL OF THE COSTA DAURADA

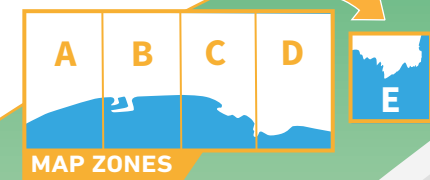
Mapilife Salou is more than just a map, it's a comprehensive guide based on quality recommendations made by locals. Mapilife promotes cultural, sustainable and family friendly tourism.

Here you will find a selection of local shops, useful services and the best gastronomy options for all occasions.

The best experiences in Salou and the Costa Daurada are on the back of this map, including cultural visits, local food, activities, and original ideas to make the most of your stay.

Mapilife continues online, to find more information and download the map in your language go to:

mapilife.com
@mapilife



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Platja de Ponent

Platja de Llevant

Platja dels Capellans

Platja Llarga

SOS GAT SALOU Help the homeless cats

For our 3rd edition, we want to play!

Try to find 3 hidden cats in this guide @Mapilife

SHOPPING SELECTION

A TERRA CUITA Gifts & ceramic figures	622 189 884	C JOIERIA M. ROSA Jewellery & watches	977 350 003
B BAQS Suitcases & travel	977 351 626	L ARMONIA Boutique delicatessen	977 091 626
C CLOE Clothing & accessories	977 353 168	M CALMA Personal shopping for women	977 942 680
G SALOU GOURMET Quality Catalan products	977 351 309	N COMERCIAL NACEL Electronics	977 381 583
H THALASSA Pets, vet & dog grooming	977 385 546	P WINE PALACE The best wine selection	977 325 680
I IMPERIUM Leather bags & handmade crafts	682 882 510	R JOFRE High quality clothes	977 388 122

f's fernan's SALOU BOUTIQUE

Five shops around the city specialising in clothing, perfumery, cosmetics, electronics and photography

S SURF SHOP PX Surfwear & accessories	977 384 982	D DECATHLON Sports shop Over 3.000m ² Port Halley Every day: 9 am - 10 pm	977 325 565 deathlon.es
T TORRONS VICENS Chocolate & nougat	977 385 300	K KOALA BAY SALOU Fashion store MEN · WOMEN · KIDS C. Saragossa, 11 Every day: 10 am - 10 pm	977 083 569 koalabay.com
W WILD & CIRCUS SWEET Candy shop & popcorn	648 648 402		
X MYS Make your sandals	977 351 516		
Y CANDY Shoes	977 381 706		
Z CONCORDIA Large sizes and tailoring	977 381 925		

La Ibense THE FINEST ICE CREAM IN TOWN

The best homemade ice cream and nougat in Salou since 1850

USEFUL SERVICES

1 Printing shop SALAURIS	977 383 158	5 Medical Centre + DOCTOR HOME VISIT	977 172 169
2 Hair Salon PELUQUERIA PRESTIGE	977 351 274	6 Dentist CLINICA CROMA	977 784 194
3 Laundry MY LAUNDRY	680 450 854	7 Parapharmacy + HEALTH & BEAUTY	689 060 622
4 Tattoo INK GRAVITY TATTOO	678 874 016	8 Estate Agency IMMOBILIARIA ROVIRA	977 382 311

RENTING

B DRAC BEACH RENT
Salou, Cap Salou & Cambrils

Bikes, motorbikes, quads & electric scooters to rent
Mobility scooters & baby equipment to rent
Free delivery & collection.

977 352 424
dracbeach.com

C Car rentals
in Salou (Plaça Europa)

Rent a car and discover the Costa Daurada

rollinggo.com / 977 007 231
excellencerent.com / 977 353 325
olimpiarent.com / 977 785 555

TRANSPORT

i TAXIS SALOU
977 38 50 50
saloutaxis.es

BUS PLANA
977 553 680
empresaplana.cat

TRAIN / renfe.com
PLANE / aena.es

i CREUERS
COSTA DAURADA

Mini cruise port to port

	Cambrils	Salou
10:00	10:30	
12:00	12:30	
15:00	15:30	
16:30	17:00	
17:30	18:00	
18:30	19:00	

One way: 9 euros
Return: 12 euros
Children: 50% off

977 362 669
creuerscostadaurada.com

Timetables and information at:
mapilife.com/Transport

BEST RESTAURANTS

1 LA GOLETA SEAFOOD	Traditional paellas and the best quality seafood in town with a great location by Capellans beach.	977 383 566
2 CLUB NÀUTIC FINE DINING	The perfect fine dining experience in front of the port. Mediterranean flavours with modern presentation.	977 382 168
3 LAS BRASAS STEAK HOUSE	Best 'asador' in town serving excellent meat, cooked with a volcanic grill. Dare you to try traditional snails!	977 351 756
4 ARENA CATALAN	The best Catalan cuisine in Salou with quality meat and fish dishes on the central Jaume I promenade.	977 384 000
5 DOS G LOUNGE	Premium sushi experience including the prestigious red tuna 'Ballego' and an elegant lounge ideal for drinks.	977 354 288
6 LA BARCA CLASSIC PAELLA	Homemade paella, rice dishes and seafood tapas with an amazing panoramic view of Llevant beach.	977 385 175
7 LE SOMMELIER MODERN	Signature interpretations of Catalan and international dishes. Creative pintxos and extensive wine selection.	977 384 204
8 BOCA BOCA GOURMET BURGERS	Trendy steakhouse and bar serving flame-grilled burgers and meat. Quality tapas and pizza menu available.	977 381 617
9 TENNIS H2O HEALTHY	Enjoy local tasty Mediterranean food in a quiet corner of Salou with golf course views. Good value lunch menu.	648 450 529
10 LA PIAZZA ITALIAN CLASSICS	The best gastronomic experience in Cap Salou with delicious wood oven pizza and fresh pasta and salad.	658 913 481

INTERNATIONAL

T THAI SALOU THAILAND	Bangkok street food in the heart of Salou. Try delicious Asian flavours from curries, noodles and fusion tapas.	977 350 406
M MEXICAN MEXICAN	Authentic Mexican cuisine mixing natural flavours and colours. Tasty food, great place and... que viva el tequila!	977 351 910
C FU LIN CHINESE	Historical Chinese restaurant in town that offers traditional dishes of this comforting Asian classic.	977 124 661
I ROYAL INDIA INDIAN	Homemade cuisine with a great variety of curries, delicious chicken tikka masala, and vegetarian options.	642 146 555
R MIMINO RUSSIAN	Discover classic Georgian cuisine, with 'khinkali' pasta, stuffed vegetables or the best 'khachapuri' adcharuli.	611 284 388
B OLIVERS BRITISH	Enjoy the classics like a traditional English breakfast, roast chicken dinner or fish & chips with a pint.	619 260 336

RESTAURANT A CASA
restaurantacasa.cat 977 014 258

Food delivery to your place from restaurants in Salou, La Pineda, Vilafortuny & Cambrils

Mapilife recommends these top gastronomic experiences based on quality, variety and location with options for all tastes and occasions.

mapilife.com/salou/restaurants

GASTRONOMIC TERRACES

1 TERRAMAR SEAFOOD TAPAS	Quality seafood tapas and Catalan classics near the port with great views of Llevant beach.	977 383 124
2 MUR MUR BEACHFRONT	Ideal for intimate dinners or group celebrations with a Mediterranean menu and creative sushi.	977 388 502
3 PETIT BAR SANDWICHES	Cosy, wooden bar and popular terrace with the best sandwiches and salads in town with vegetarian tapas.	669 968 709
4 MAGNOLIA POOLBAR	Premium burgers and cocktails next to poolside terrace and a sophisticated lounge area with chill out music.	977 353 595
5 EL CHIRINGUITO DE LA GOLETA	The best place to have a traditional paella surrounded by sand, trees and the beautiful Capellans beach.	630 221 034
6 EL TRASTO TABERNA	Quality product including iberic ham, cheese and wine. Try 'les llesgues' (Catalan toast) with your favourite topping!	977 351 224
7 LA SAL COCKTAILS	International food, tapas and an extensive cocktail menu. Ideal to start a night out with live football and big events.	977 381 724
8 BAR DEL PARC FRESH TERRACE	Refreshing terrace in the park next to the fountain ideal for a coffee, drink or homemade Spanish tapas.	636 464 663
9 MEDUSA BY THE BEACH	Seafood tapas and a competitive lunch menu with a lively chill out terrace for a drink in the evening.	977 385 203
10 THEATRE TOWN VEGAN OPTIONS	Trendy terrace in the town ideal for brunch and tapas. Vegetarian burgers and vegan options available.	977 385 773

GOOD VIBES & DRINKS

1 BAMBOO FOOD & MUSIC	Lounge terrace with spectacular sea views. Creative Mediterranean tapas and cocktail selection.	977 380 479
2 PRESIDENT ROOF TERRACE	Trendy attic with the best sea views ideal for live football and bar games, with music, drinks and good fast food.	622 646 710
3 CHAPLINS NIGHTLIFE	Popular cabaret club with shows and entertainment for all. Have a perfect night out with cocktails and snacks.	977 380 940
4 MARADONA ORIGINAL	Charming and original place with 80's caravan space. Ideal for a breakfast, lunch, dinner or evening cocktails.	977 917 398
5 13 ROOMS CHILL OUT	Cool terrace in the nightlife area with cocktails and shisha. Ideal for celebrations, parties and playing laser tag.	650 309 272
6 LUMINE BEACH CLUB	Exclusive space with relaxing pools and an artificial beach surrounded by nature and views of the sea.	977 399 059
7 CAFÉ DEL FAR CAP SALOU	Cosy chill out terrace with drinks and tapas near Cala Crancs bay. Tonnes of veggie and vegan options.	683 558 096
8 TERRASSA H2O TENNIS SALOU	Summer terrace by a large swimming pool where you can relax with music, drinks and tapas.	648 450 529

